

## **Child (1-12 Yrs) Information**

Date \_\_\_\_\_

Child's Name \_\_\_\_\_

Parent(s) Names \_\_\_\_\_

Siblings' Names and Ages \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_ Postal Code \_\_\_\_\_

Parents' E-mail Address \_\_\_\_\_

Would you like to receive our "Living Healthy" e-newsletter?  Yes  No

Date of Birth \_\_\_\_m/\_\_\_\_d/\_\_\_\_y/ Gender:  Male  Female

Home Ph \_\_\_\_\_ Business Ph \_\_\_\_\_ Mobile Ph \_\_\_\_\_

Best time/ place to contact you? \_\_\_\_\_

Whom may we thank for referring your child to this office? \_\_\_\_\_

Circle the phrase that most represents your child's reason for care:

Wellness  Prevention  Feel good  Symptom Relief

Reason for your child seeking services at our office: \_\_\_\_\_

Has your child ever seen a Chiropractor? If yes, who? Date of last visit: \_\_\_\_\_

Name & Address of Obstetrician/ Midwife: \_\_\_\_\_

Name & Address of Primary Health Care Provider: \_\_\_\_\_

Date of last visit \_\_\_\_\_ Purpose of visit \_\_\_\_\_

## **Health Concerns**

Please list your child's health concerns according to their severity:

Concern	Rate of Severity 1=mild, 10=worst	When did it start? For how long?	If you had the condition before, when?	Did the problem begin with an injury?	What % of time is pain present?
1.					
2.					
3.					
4.					

## **Pregnancy and Birth History**

Gestational Duration: \_\_\_\_\_ weeks

### **PHYSICAL STRESS**

Trauma/Falls during pregnancy \_\_\_\_\_

Any ultrasounds or other radiation?  Yes  No

How many and for what reasons? \_\_\_\_\_

Invasive Procedures (Eg. Amniocentesis, CVS) ?  Yes  No

### **CHEMICAL STRESS**

During the pregnancy did the mother:

Smoke?  Yes  No How much? \_\_\_\_\_

Drink Alcohol?  Yes  No How much? \_\_\_\_\_

Prescription Medications?  Yes  No How much? \_\_\_\_\_

Recreational Drugs?  Yes  No How much? \_\_\_\_\_

Fall ill during pregnancy?  Yes  No please explain \_\_\_\_\_

Were any supplements taken during the pregnancy?  Yes  No

Please list: \_\_\_\_\_

### **EMOTIONAL STRESS**

Please rate your stress levels during pregnancy 1-10 (1= low, 10=high): \_\_\_\_\_

### **LABOUR**

Was labour induced?  Yes  No

Duration of labour? \_\_\_\_\_

Duration of active (pushing stage) labour? \_\_\_\_\_

Did mother receive medications?  Yes  No

If yes, which: \_\_\_\_\_

### **BIRTH**

Type of birth?  Vaginal: Cephalic (head first)  Breech (feet first)  C-Section

Location of birth?  Home  Hospital  Birthing center

Birth Assistants?  Midwife  Doula  Obstetrician

Was there any assistance needed during birth?

Forceps     Cesarean     Vacuum Extraction     Induction     Assisted Traction/Head Turning

Was delivery considered normal?     Yes     No

Were there complications during birth?     Yes     No

Please explain:

---

Was there any evidence of birth trauma to the infant? Check all that apply:

- |  |  |
|--|--|
| <input type="radio"/> Bruising               | <input type="radio"/> Odd shaped head                |
| <input type="radio"/> Stuck in birth canal   | <input type="radio"/> Fast or excessively long birth |
| <input type="radio"/> Respiratory depression | <input type="radio"/> Cord around neck               |

Was your child subjected to any of the following? Check all that apply:

- |  |   |                 |
|--|---|-----------------|
| <input type="radio"/> Silver nitrate drops in eyes | <input type="radio"/> Incubation          | How long? _____ |
| <input type="radio"/> Vitamin K shot               | <input type="radio"/> Separation from you | How long? _____ |
| <input type="radio"/> Hepatitis shot               |   |                 |

Did your child spend any time in intensive care?    Yes    No    If yes, how long? \_\_\_\_\_

APGAR score at birth? \_\_\_\_\_    APGAR score at 5 minutes? \_\_\_\_\_

Birth Weight? \_\_\_\_\_    Birth Length? \_\_\_\_\_

## **Childhood History**

### **PHYSICAL STRESS**

Does your child have a preferred sleeping position?     Yes     No    \_\_\_\_\_

Did your child prefer one-sided breast-feeding position?     Yes     No    \_\_\_\_\_

Did your baby spit up after feeding?     Yes     No    \_\_\_\_\_

Any falls or injuries down stairs, bicycle etc?     Yes     No    \_\_\_\_\_

Does child ever bang his/her head repeatedly?     Yes     No    \_\_\_\_\_

Any traumas resulting in bruises, fractures, stitches?     Yes     No    \_\_\_\_\_

Any hospitalizations or surgeries?     Yes     No    \_\_\_\_\_

Please list all surgeries your child has had:

1. Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

2. Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

Please list any accidents and/or injuries: auto, sports, or other (Especially those related to your child's present problems).

1. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized?     Yes     No

2. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized?  Yes  No

3. Type \_\_\_\_\_ When \_\_\_\_\_ Hospitalized?  Yes  No

Have you ever had x-rays taken?  Yes  No When? \_\_\_\_\_ Where? \_\_\_\_\_

What area of your child's body: \_\_\_\_\_

Does your child play sports?  Yes  No \_\_\_\_\_

If yes, hours per week? \_\_\_\_\_ Age child began? \_\_\_\_\_

Is school backpack used?  Yes  No Weight of backpack? \_\_\_\_\_ kg/lbs

Approximate hours spent at play per week? \_\_\_\_\_

Average time spent at computer/TV/video games per week? \_\_\_\_\_ hrs

Does your child wear glasses or contact lenses?  Yes  No \_\_\_\_\_

Does your child have trouble reading the board?  Yes  No \_\_\_\_\_

Does your child have difficulty with coordination?  Yes  No \_\_\_\_\_

### CHEMICAL STRESS

Was/is child breast-fed?  Yes  No For how long?  
\_\_\_\_\_

At what age was:  
\_\_\_\_\_

Formula introduced? \_\_\_\_\_ Brand? \_\_\_\_\_

Cow's milk introduced? \_\_\_\_\_

Solid food? \_\_\_\_\_

Food/juice intolerance?  Yes  No \_\_\_\_\_

Does your child have food allergies?  Yes  No \_\_\_\_\_

What is your child's favourite food? \_\_\_\_\_

What does your child regularly drink? \_\_\_\_\_

The type of diet your child usually follows is classified as: \_\_\_\_\_

Please circle any dietary selection that is appropriate for your child, and grade according to the following scale:

#### Daily:

**D** - Consume this daily

**FD** - Consume this a few times per day

#### Weekly:

**W** - Consume this weekly

**FW** - Consume this a few times per week

#### Monthly:

**M** - Consume this monthly

**FM** - Consume a few times per month

#### Never:

**O** - Do not consume this

Eggs \_\_\_\_\_ Fasting \_\_\_\_\_ Fruit \_\_\_\_\_

Fish \_\_\_\_\_ Diet Food \_\_\_\_\_ Organic Foods \_\_\_\_\_  
 Coffee \_\_\_\_\_ Beef \_\_\_\_\_ Weight Control Diet \_\_\_\_\_ Raw Vegetables \_\_\_\_\_  
 Soft Drink \_\_\_\_\_ Poultry \_\_\_\_\_ Artificial Sweetener \_\_\_\_\_ Whole Grains \_\_\_\_\_  
 Fried Foods \_\_\_\_\_ Seafood \_\_\_\_\_ Cooked vegetables \_\_\_\_\_  
 Refined Sugar \_\_\_\_\_ Dairy \_\_\_\_\_ Canned/Frozen vegetable \_\_\_\_\_

Does your child have a bowel movement every day?  Yes  No \_\_\_\_\_

Does your child have regular or occasional skin rashes?  Yes  No \_\_\_\_\_

What vaccinations were given and at what age?  
 \_\_\_\_\_  
 \_\_\_\_\_

Reason for vaccinations \_\_\_\_\_

Were there any negative reactions?  Yes  No \_\_\_\_\_

Was there any:

<input type="radio"/> Fever	<input type="radio"/> Un-consolable crying
<input type="radio"/> Irritability	<input type="radio"/> Arching of body
<input type="radio"/> Bowel disturbances	<input type="radio"/> Feeding disturbances
<input type="radio"/> Drowsiness	<input type="radio"/> Other: _____

History of antibiotics?  Yes  No

If so, how many courses of antibiotics has your child received in their lifetime? \_\_\_\_\_

Reason and length of last course of antibiotics? \_\_\_\_\_

Please list ALL medications your child currently takes or has taken in the past 6 months:

Name _____	Dosage _____	For what? _____
Name _____	Dosage _____	For what? _____
Name _____	Dosage _____	For what? _____

Please list all nutritional supplements, vitamins, homeopathic remedies your child presently takes:

Name _____	For what? _____
Name _____	For what? _____

Are there pets in the home?  Yes  No \_\_\_\_\_

Are there any smokers at home?  Yes  No \_\_\_\_\_

**EMOTIONAL STRESS**

Did mother have any difficulties with breast-feeding?

Did mother and baby have difficulty bonding?

Did mother experience any post-partum depression?

Night terrors, sleep walking, difficulty sleeping

Yes  No \_\_\_\_\_

Do you consider their sleeping pattern normal?

Yes  No \_\_\_\_\_

Quality of Sleep?

Good  Fair  Poor Number of hours \_\_\_\_\_

Behavior problems?  
\_\_\_\_\_

Yes  No

Do you feel that your child's social and emotional development is normal for their age?  Yes  No

Does your child attend day care?

Yes  No From what age? \_\_\_\_\_

## GROWTH AND DEVELOPMENT

Was your child alert & responsive within 12 hours of delivery?  Yes  No

If no, please explain: \_\_\_\_\_

At what age did your child:

Respond to sound? \_\_\_\_\_

Sit alone? \_\_\_\_\_

Follow an object? \_\_\_\_\_

Teethe? \_\_\_\_\_

Hold head up? \_\_\_\_\_

Crawl? \_\_\_\_\_

Vocalize? \_\_\_\_\_

Walk? \_\_\_\_\_

## FAMILY HISTORY

Describe any medical family history on mother's side: (EG cancer, diabetes etc)

On father's side:  
\_\_\_\_\_

Does sibling's have any health concerns?

Yes  No

If yes, please describe: \_\_\_\_\_

## *Informed Consent to Chiropractic Care*

When a person seeks chiropractic care, it is essential for both the individual and the chiropractor to be working towards the same objective.

Chiropractic care has one goal, to correct vertebral subluxations. It is important that each person understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Vertebral Subluxation:** A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of the nerve function and interference to the transmission of mental impulses, resulting in a decrease in the body's innate ability to express its maximum health potential.

**Adjustment:** An adjustment is a specific application of forces to facilitate the body's correction of a vertebral subluxation. Our method of correction is by specific adjustments of the neurospinal system.

**Health:** A state of optimal physical, mental, and social wellbeing, not merely the absence of symptoms.

I understand that my care at this office will be focused on the detection and correction of vertebral subluxations. I hereby request and consent to the performance of chiropractic adjustments and assessments. Understanding that every body has a different potential for wellness thus, the maximal results I will receive in this office cannot be predicted or guaranteed.

Chiropractic care is considered to be one of the safest and most effective forms of care. I understand and am informed that, unlike many other health care professions, the risks associated in receiving chiropractic care are extremely minimal. In recent years there have been rare incidents of injury to the vertebral artery during the course of care by medical doctors, physiotherapists and chiropractors. To put this in perspective, the risk of stroke in the general population is 0.00057%. The risk of stroke after a chiropractic adjustment is 0.00025%. The risk of death from taking an aspirin and/or other anti-inflammatory drugs is 0.04%.

It is not our goal or intention to diagnose, treat or attempt to cure any physical, mental, emotional symptoms. Our expertise is in health, wellness, healing and human physiology. However, if during the course of chiropractic care, we encounter unusual findings, we will bring these to your attention. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Please discuss care alternatives with attending chiropractor.

**Our primary goal is to release life in the body, through the detection and correction of vertebral subluxations.**

At this office, the privacy of your personal information is an essential part of our office providing you with quality care. We are committed to collecting, using and disclosing your personal information responsibly. Our office has a privacy policy that complies with federal law, which you may view at any time by asking our staff.

I, \_\_\_\_\_ have read and fully understand the above statements.  
(PRINT NAME)

I have also had an opportunity to ask questions about its content. I therefore accept chiropractic assessments and care on this basis. I intend this consent form to cover the entire course of my care in this office with Dr. YOUR NAME or other attending chiropractor.

---

(SIGNATURE)

(DATE)

(WITNESS)

**Consent to assess and adjust a minor:**

I, \_\_\_\_\_, being the parent or legal guardian of

(PARENT/GUARDIAN NAME)

\_\_\_\_\_ have read and fully understand the above terms

(CHILD'S NAME)

of acceptance and hereby grant permission for my child to receive a chiropractic assessment and  
chiropractic care.



***How we protect your Health Information:***

**PATIENT CONSENT FOR USE AND/OR DISCLOSURE OF PROTECTED HEALTH INFORMATION FOR HEALTHCARE PURPOSES**

By signing this Consent, I acknowledge and provide permission to Connected Chiropractic (Practice) as follows:

1. Connected Chiropractic's Privacy Notice has been provided to me prior to my signing this Consent. The Privacy Notice includes a complete description of the uses and/or disclosures of my protected health information ("PHI") necessary for the Practice to provide treatment to me, and also necessary for the Practice to obtain payment for that treatment and to carry out its health care operations. The Practice explained to me that the Privacy Notice will be available to me in the future at my request. The Practice has further explained my right to obtain a copy of the Privacy Notice prior to signing this Consent, and has encouraged me to read the Privacy Notice carefully prior to my signing this Consent.
2. The Practice reserves the right to change its privacy practices that are described in its Privacy Notice, in accordance with applicable law.
3. I understand that, and consent to, the following appointment reminders that will be used by the Practice:  
a) telephoning my home and leaving a message on my answering machine or with the individual answering the phone; b) an e-mail sent to the e-mail address provided by me; c) a text message sent to the cell phone number provided by me.
4. The Practice may use and/or disclose my PHI (which includes information about my health or condition and the treatment provided to me) in order for the Practice to treat me and obtain payment for that treatment, and as necessary for the Practice to conduct its specific health care operations.
5. I understand that I have a right to request that the Practice restrict how my PHI is used and/or disclosed to carry out treatment, payment and/or health care operations. However, the Practice is not required to agree to any restrictions that I have requested. If the Practice agrees to a requested restriction, then the restriction is binding on the Practice.
6. I understand that this Consent is valid for seven (7) years. I further understand that I have the right to revoke this Consent, in writing, at any time for all future transactions, with the understanding that any such revocation shall not apply to the extent that the Practice has already taken action in reliance on this consent.
7. I understand that if I revoke this consent at any time, the Practice has the right to refuse to treat me.
8. I understand that if I do not sign this Consent evidencing my consent to the uses and disclosures described to me above and contained in the Privacy Notice, then the Practice reserves the right to not treat me.

I have read and understand the health information disclosure and protection in the foregoing notice,

\_\_\_\_\_  
PRINTED Name

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
Signature of Legal Guardian  
(e.g. if a minor)

\_\_\_\_\_  
Relationship to minor

## **NO SHOW/MISSED APPOINTMENT POLICY**

We, at Connected Chiropractic and Vitality Massage understand that sometimes you need to cancel or reschedule your appointment and that there are emergencies. If you are unable to keep your appointment, please call us as soon as possible (with at least a 4-hour notice).

You can cancel appointments by calling or texting the following number: **970-587-7029**.

Or you can e-mail [deskchiro@gmail.com](mailto:deskchiro@gmail.com).

To ensure that each patient is given the proper amount of time allotted for their visit and to provide the highest quality care, it is very important for each scheduled patient to attend their visit on time. As a courtesy, an appointment reminder text to you is made/attempted one (1) business day prior to your scheduled appointment. However, it is the responsibility of the patient to arrive for their appointment on time.

### **PLEASE REVIEW THE FOLLOWING POLICY:**

1. Please cancel or reschedule your appointment with at least a 4 hours' notice.
2. If less than a 4-hour cancellation is given this will be documented as a "No-Show" appointment.
3. If you do not present to the office for your appointment, this will be documented as a "No-Show" appointment.
4. After the first "No-Show/Missed" appointment, you will receive a phone call or letter warning that you have broken our "No-Show" policy. Connected Chiropractic or Vitality Massage will assist you to reschedule this appointment if needed.
5. If you have 2 "No-Show/Missed" appointments within a one-year time period, you will receive a warning letter from our office and will be assessed the full fee for the missed appointment.

**I have read and understand** Connected Chiropractic's No Show/Missed Appointment Policy and understand my responsibility to plan appointments accordingly and notify Connected Chiropractic appropriately if I have difficulty keeping my scheduled appointments.

Patient Name	Date of Birth	Date
Patient Signature or Parent/Guardian if minor	Relationship to Patient	
Staff Signature	Date	



**Dr. Brad Cranwell**

32 S. Rutherford Avenue

Johnstown, CO 80534

970-587-7029

Patient Care Agreement List

**I agree to follow Dr. Brad's recommendation to achieve best results:**

I will begin to dramatically increase my daily water consumption.  
(The goal is to drink at least ½ my body weight in ounces of water daily)

I will begin to decrease my daily caffeine consumption.

I will adjust all my fixed body positions for the better (work, desk, home, car, etc.)

I will not consciously go to sleep on my stomach.

I will be aware of my head posture for the next hour after an adjustment.

I will use the Cervical or Lumbar therapeutic equipment if recommended.

I will get a posture-pedic pillow.

I will inform Dr. Brad of the positive or negative changes in my health. I will also let Dr. Brad know if there are any changes to my goals.

I am responsible for any appointments cancelled within 4 hours or "no-shows". The office policy states that, if I "no-show" for an appointment and don't call to reschedule it OR if I call to reschedule an appointment with less than four (4) hours' notice, the full amount for the appointment will be charged to my card on file. This applies to all types of appointments with Connected Chiropractic and/or Vitality Massage Studio.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_