

Newsletter

April 1, 2026

Connected Chiropractic

Define Chiropractic

Chiropractic care focuses on diagnosing, treating, and preventing disorders of the musculoskeletal system, particularly the spine. It aims to restore proper alignment, improve function, and support the body's natural healing ability through hands-on adjustments and manual techniques.



· *Pain Relief:* Chiropractic adjustments can alleviate pain from headaches, neck pain, back pain, and more.

· *Improved Mobility:* Regular care helps to restore range of motion and increase flexibility.

· *Better Posture:* Correct spinal alignment contributes to proper posture, reducing strain on the body.

· *Enhanced Nervous System Function:* A healthy spine promotes optimal communication between the brain and the rest of your body.

· *Preventative Care:* Regular adjustments help prevent injuries and chronic issues, maintaining a healthy spine over time.

Staying Active

"I believe the human body is designed for perfection. It should give its owner a century of trouble-free performance. Spinal subluxations are a major source of interference, and this practice exists to eliminate them."
Dr. Brad Cranwell



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New Massage Therapy Interns

We have the best news in our massage therapy program! We have been chosen to host two amazing students and assist the next generation of Licensed Massage Therapists.

These Intern Massages will be offered at a discounted rate for all our patients. You get spoiled. They get their hours necessary to complete the LMT program. Please welcome both Bree and Esmeralda to our office.

Reach out today to schedule your massage with one of these ladies.



How Stemwave Works

The treatment sends sound waves into the affected area, which:

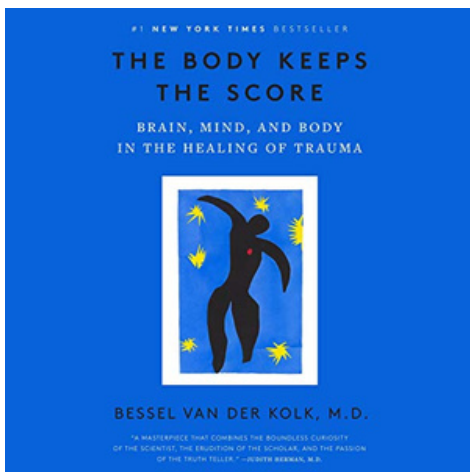
- 1) Reduces Inflammation
- 2) Increases Blood flow
- 3) Breaks down scar tissue
- 4) Stimulates cell growth
- 5) Reduces pain

Book your mapping appointment today for \$55 in the month of April only.



WE ARE HIRING:
Licensed Massage Therapist

Send your resume to connectedchiro@gmail.com.



Our book study continued last month through chapter 2 of The Body Keeps the Score. We discussed inescapable shock, addictions to trauma, and methods to soothe the brain. We were also honored to host Jim Compton as he lead us through a five-minute meditation.

We encourage you to put our next study date on your calendar. Don't forget to RSVP.

Tuesday, May 12 at 6:30 pm
Here at the office.

Meditation classes coming soon!!
For more information, please email connectedchiro@gmail.com

STEMWAVE TREATMENT
YOUR BODY KNOWS HOW TO HEAL—WE HELP IT START.

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What is the best name for a chiropractic band? Back Straight Boys.